

Activity 4.5: Participatory Evaluation

PARTICIPANT-LED ACTIVITY

Duration: Approx. 30-60 minutes (depending on activity)

Aims:

- To create a space for facilitators and participants to debrief and reflect together
- To critically assess the impact of the training
- To determine whether changes or adjustments need to be made in future iterations or activities
- To explore and practice evaluation activities that may be used with communities

Requirements:

Dependent on selected activity.

Activities:

Select an evaluation activity from one of the resources provided here, or one that you already know and use. Evaluation activities will be of different formats and durations, dependent on what you are trying to evaluate and the audience that you are working with.

Example activity:

Evaluation body map

- Resources: Printed body maps on paper (Example: [pdf method - body map.pdf](#)) . Different pens and/or sticky notes.
- Before starting the activity: Explain that you are conducting an evaluation activity and outline the specifics of what you are assessing (e.g. we are doing this activity to evaluate how useful this training programme was).

Instructions:

This evaluation activity can be done individually, in pairs, or in a group.

1. Distribute the body map pages, pens and sticky notes
2. Ask participants to annotate the body map with 1) What from the activity/training has made them think (head) 2) What from the activity/training did they enjoy (heart) 3) What from the activity/training could they have done without (feet), and 4) What from the training/activity will they be taking with them as they move forward (hands).
3. Provide a sufficient amount of time for people to reflect on all four aspects.
4. Participants can hand over their annotated body maps directly to the facilitator to make the exercise anonymous. However, this exercise works best when each individual/group feeds back to others about their experiences to foster dialogue.

Optional follow-on activity 1:

Evaluation activities can be followed by a group discussion supporting consideration of implementation in community settings.

Q1: How did people experience the activity?

Was it useful/confusing/interesting/etc.? Why?

Q2: What groups and situations might it (not) work in?

Optional follow-on activity 2:

During this session you may also like to revisit the 'evaluation wheel' used in 1.1.

1. Hand people back their wheel from the first session.
2. Ask people to complete the activity again using a different coloured pen/different mark to show how they have developed across the training programme.
3. Note: in some cases, people might be more conservative in their self-assessment, such that it appears they have gone backwards. However, this is often due to increasing awareness of the complexity of the work. Therefore, facilitating individual or group discussions about this activity is critical for rigorous evaluation.

Additional resources:

Evaluation Support Scotland provide guidance and a printable body map. Available:

https://evaluationsupportscotland.org.uk/wp-content/uploads/2020/08/pdf_method_-_body_map.pdf

Note: there are lots more to be found online, though we need to take care to ensure that the activities we choose are inclusive and support the aims of the workshop.

Delivery note:

It will be necessary to reiterate to people what you are evaluating. For example, if you are evaluating the entire training programme, it might be worth running a quick 5-minute reminder of the sessions you have held and what participants have been taught, before they begin the process of reflecting and evaluating.